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<http://www.mensgardenclubofalbany.org/>

(Serving the greater capital region)

Celebrating **83** years of service to our community

VOLUME 82 NO. 7

(First Chartered 1936)

September, 2019

Dinner and Auction (everyone's invited)

DATE & TIME: Thursday, September 26th @ 6:30 pm

PLACE: [PBD at Beltrone Living Center](#) 6 Winners Circle Albany

From Wolf Road *turn* East onto Metro Park Road (across from the Speedway Gas Station) *turn* LEFT at the first stop sign. *Turn* RIGHT at the first stop sign and continue on Winners Circle. Follow the signs for The Lakeview Restaurant & The Beltrone Living Center. Enter the building at the 1 South entrance.

Mazzone Catering will feature a nice Buffet with a variety of entrees: **Price: \$ 25.00**
Herb Roasted Chicken, Braised Pot Roast, Penne and Broccoli Alfredo

PROGRAM: Harvest Auction - Items to auction off are needed – but not required
. Please join us for dinner and followed by an auction, hosted by our very own Vice President, **Mr. Greg Goutos**. Please bring your finest garden produce, garden tools, homemade goodies, homebrew, etc. for this fun-filled event.

Note: if you are bringing **garden tools** - you can specify how much you want from the sale and anything above that will go to the club.

Reservations are required for the dinner

A caller should reach you soon for your reservation. If a caller does not reach you by Sunday, September 22nd, please call **Russ Greenman** at (518) 477-8321 – Note: Our intent is to call every member that is interested in our dinner meetings to get their reservation(s). If you are not getting called, and would like to be called prior to each dinner, please let Russ know.

Summer program Thank You:

“Take a trip to the Rose Parade in Pasadena!” presented by our own club Vice President, **Greg Goutos**, and his wife, **Nellie**. Normally the Rose Parade in Pasadena is held on January 1st of each year. In 2017, when Greg and Nellie went, it was held on January 2nd so that it didn’t conflict with church services on Sunday. Back when the parade first started in the 1890’s, if your horse was tied up out in front of the church, you might have been interrupted to check on your horse that may have been distracted as the parade went by. That is why the “Never on Sunday” tradition first started, and continues to this day. We learned this and so much more about the background of the parade, as **Greg** and **Nellie** had prime bleacher seats to the parade and were also treated to a behind-the-scenes tour. This allowed them to see how detailed these floats, that can approach \$1,000,000.00 each, are meticulously constructed. Each float is made of natural materials and their close-up photographs revealed that things like seeds were used to make the different colors for the life-like objects on the float. Each individual rose is kept in its own vial of water to keep it looking at its best, and some floats can have up to 60,000 roses! Next year when we all watch the parade, we will appreciate all we learned from **Greg** and **Nellie** about the floats and all that goes into making the Rose Parade so spectacular.

Joe Herman Scholarship Winners

Each year our club awards one \$500 scholarship to a deserving college student. The Board members decided in early 2019 to dedicate the scholarship to the memory of **Joe Herman**, who passed ways last fall, and who was very involved on the scholarship committee for many years. In recent months there have been many people who donated to support the **Joe Herman Memorial Scholarship**--a true reflection of how much is missed. Both recipients this year are outstanding students, are active in their communities, and are dedicated to their future career aspirations. **Jonathan Lasselle** of East Berne will be starting his sophomore year at SUNY ESF, where he is



majoring in Forest Resource Management; achieving a 3.67 overall GPA.. **Alexandra (Alyx) Trulsen** of Delmar is also a sophomore; attending SUNY Cobleskill as an Animal Sciences major. She has an overall GPA of 3.92, and is a member of the Epsilon Pi Tau Honor Society. **Alyx** hopes to attend veterinary school after finishing her bachelor’s degree at Cobleskill.!

If you would like to contribute to the **Joe Herman Scholarship Fund** Please send your 501(c)3 tax deductible donation to **Russ Greenman** MGCA Treasurer

Please call **Russ Greenman** at (518) 477-8321 for details

2019 NYS State Fair...and

As he has done for years, **Bob Ireland** – past national president of the Men’s Garden Clubs of America, traveled out to the New York State Fair to judge at the vegetable show. **Bob** has been an accredited judge forever – well, almost – and his willingness to share his time and talent has helped the NYS fair tremendously.

Thanks **Bob Ireland** for all you have done nationally, statewide and locally with our youth gardening programs. You would think his back would be shot after weighing those monster pumpkins. Thanks again to **Bob Ireland**

Tom Baker - (518) 649-3868

91 years young – is currently at the Atria - Guilderland, and he would love a visit or phone call



Herm Mau has been in and out of Hospice and I’m sure Mary would love to hear from you.

GARDEN TALK – By Paul Zimmermann (Past MGCA President)

Growing Horseradish

To state the obvious, horseradish possesses a unique pungency. Straight up it can take the enamel off your teeth and remove the lining from your gastrointestinal tract.

Horseradish aficionados often claim health benefits for their beloved. What doesn't kill make you stronger?

So what about growing horseradish in your backyard? My advice is simple – **DO NOT!** Horseradish plants simply can't be discouraged, and will spread unrelentingly (you've probably deduced by this point that horseradish is a perennial, but I'll officially announce the point here). I planted a single plant 15 years ago and have spent the last 14 years trying to control it. Eventually I gave up trying to keep it within bounds and resorted to outright murder. And just when I think victory is mine, back up it pops.

If you must indulge your horticultural desires to grow horseradish, then I recommend using a large container. Or maybe some place in the back 40 that you've ceased to care about.



The best time to plant is spring. Most vendors such as Johnny' carry rootstock. You can also try planting roots purchased at your local grocery store, but you won't know what variety you're planting.

Planting itself is easy. Horseradish can tolerate light shade but full sun is best. There's no need to specially amend the soil – horseradish can't be discouraged. Just loosen the soil down to a depth of 12 inches and plant the root flat side up. Now sit back and wait a year or so to let the plant establish itself.

Aside from mulching, there's little pampering required. The best time to harvest is fall, after a couple of frosts. Starting on the periphery of the plant, gently loosen the soil with a shovel, gathering any root pieces as you go. If you dig into the center taproot you will weaken the plant, but fear not, it'll be back the next spring.

Harvested roots can be refrigerated in plastic bags for months. When you decide to process the horseradish, take the operation outside. Otherwise your home will reek of its pungent smell for hours.

History – 30 years ago –
MEN’S GARDEN CLUB OF ALBANY
BOARD OF DIRECTORS MONTHLY MEETING
SEPTEMBER 7, 1989

The Regular Monthly meeting of the Board of Directors of the Men’s Garden Club of Albany, was held on Thursday evening, September 7, 1998, in the Cerebral Palsy Center for the Disabled.

President **Don Lewis** opened the meeting at 7:32.

The Minutes of the June 1, 1989 meeting were approved as read by our Club Secretary, **Tom Baker**. The Minutes of the special meeting, held on June 29, 1989 to finalize the plans for our upcoming scholarship program were also approved.

The Treasurer’s report was approved as presented by our Club Treasurer, **Paul Hughes**. As of August 31, 1989, in the General fund there was a total of \$1,587.15. In the Memorial Fund there was a balance of \$475.59. In the CD the principle remains at \$5,267.00. The maturity date is November 15, 1989. The Secretary did not record the 1988 figures for the foregoing items.

President **Don** called for a report of the Scholarship Committee. **Don Otterness**, Chairman, reported. Three applications were given out but only two came back, therefore the third application will not be considered. The two candidates are students at Cobleskill, **Andy Huth** is in his second semester, and the other, is **Susan Raffon** who is in her first semester. Letters of recommendation have come in for both of them. Both candidates have been interviewed but have not been notified of the outcome.

It may be, for this year, that the scholarship money will be awarded in the second semester.

Herman Mau made the motion that money for this scholarship should come from the General fund and the amount should be \$600. **Joe Raggio** Seconded the motion and after considerable discussion the motion was carried. **Ferd Johnson** suggested that the scholarship should not go to a first semester student, but for the time being, they will be included.

President **Don** appointed a new Budget and Finance committee, those purpose it will be to advise the Club on how we can fund future Scholarships. **Paul Hughes, Bob Ireland, and Al Miller**.

Bob Ireland also suggested that it is expedient that our club have an Endowment Fund committee to supervise the earnings from the Local Life Membership dues. At this point in time there is \$330 in this fund because we have eleven Local Life Members.

In regard to the Annual Plant Sale, **Don Otterness** has once again put forth the idea of having a second location, on the same day, some where in the Guilderland area. **Bob Ireland** agreed that a second location was a good idea but didn’t like having it on the same day. The entire concept will be studied

COMMITTEE REPORTS

Gardening From The Heart, **Al Miller** reported that the 12 by 27 foot green house that **Bill Krug** has donated to the CP Center’s Garden Club of the clients will be erected by **Bill** and his crew as soon as bill can fit it into his heavy schedule.

Bulb Sale Report - Made by **Joe Raggio**.

1. Pricing tags will be made at Joe’s home on Oct. 3, at 7 pm.

History – 30 years ago – continued

2. Tulip packing at the CP Center at 6:30 on Oct. 5. The Regular Board of Directors monthly meeting will follow the packing session.

3. Oct. 7 - Sale Date. Set up time is usually started at 8 AM All available men are urged to help at this function.

Fair participation Report:

1. Altamont Fair - **Wally Dillenbeck** said that a lot of time slots were not covered.

More men were definitely needed. **Bill Krug** gave vegetables for display.

2. Schaghticoke Fair - **Ken York** was pleased with the turnout of helpers. He suggested that if possible, we should have new calendars available to sell.

Men should be urged to plant and display the vegetables from new seed introductions.

3. State Fair - **Don Otterness** felt that we could have used more men

Tax Free Status: **Paul Hughes** reported that the Tax Free Status has been completed and that the number is xxxxxx.

Program Committee:

1. September 10, Annual Picnic at the George Landis Arboretum. Eat at 4 and go on a guided tour of the grounds.

2. September 28, auction and general meeting, 7:30, Co-op. Ext.

3. October 26, Pane. Of our own members. Topic, "What happened in your gardens this Summer"? Panel will try to answer any questions you have with your gardening problems. The place has not been finalized as yet.

4. November 16, At Wolfert's Roost. Price of the dinner \$14.00. No speaker yet.

5. December 14, Holiday Turf Inn, Ladies Night and Awards.

OTHER BUSINESS

From Al Miller:

1. The Regional meeting will be at Sherburn, September 23, at 9 am cost \$9.00.

2. Annual Cerebral Palsy Phonathon, October 12 at 6 pm. Men are still needed.

3. National Executive Board of Directors meeting, Phoenix, Arizona, Nov.2,3,4.

Farm Fest: To be held in the Washington Park near Willett St. September 16.

Endowment Fund Committee: President **Don** appointed the following committee of three men. They serve three year terms and may succeed themselves if so appointed.

They are:

One year-----**Al Miller**

Two years---**Howard Clayton**

Three rears--**Herman Mau**

Annual Dues: The Board voted to keep the local dues at \$3.00. This is no change

There being no further business, the meeting was adjourned at 10:04.

Respectfully submitted by, **Tom Baker**, Secretary

** Editor's note: **Tom Baker** has been faithfully documenting our minutes since way before he had a personal computer - but somehow he has managed to digitize all of the minutes he has taken over the years and we now include them in our newsletter under the heading "History - 25 -or 30 years ago" Thanks, **Tom Baker!!!**

MEN'S GARDEN CLUB of ALBANY CLUB ACTIVITIES

Adopt-a-Highway - 25 years

We had a good run... We started our Adopt A Highway program back in 1994 by building a raised bed out of Hemlock and lots of rebar. Ten years later in 2004 - we built a raised bed that would last a lifetime. Unfortunately when construction started on the Exit 7 bridge off of I-90 our concrete base, block structure, soil and flower bulbs mysteriously disappeared leaving only the steel we drove down 5 feet to keep the Very thick concrete base from heaving.. **Ken Abele** during construction of our second raised bed on I-90 at Exit 7 Westbound. Built to last This was build as a Memorial to an outstanding member - **Mr. Conrad (Connie) Robert**. This project took years to get State and Federal approvals and lots of hard work from members of the Men's Garden Club of Albany. ps. If you know who borrowed our several thousand pound raised bed - **please ask them to return it**. Perhaps someone with big boy toys on site while working on the bridge knows. Thanks!!! Built to last... Destroyed in hours

Albany International Airport Don Wrieden – Chairman



MGCA Memorial Garden

At the Albany County Cooperative Extension

Joe Huth / Chuck Scott Memorial Garden Chairmen



Our Memorial Garden

For many years, our club has maintained a beautiful Memorial Garden as a tribute to our “Gardeners Gone to Rest.” The garden is located in Voorheesville on the grounds of the Albany County Cooperative Extension offices. Along with perennials, shrubs and trees, there is also a plaque that lists the names of our club members who have passed away in recent years.

We would like to thank the club members who helped this year to maintain this special garden space. This year there was much to be done, since it had not been mulched in a couple of years. It took 10 yards of mulch to accomplish this task, and it was quite a big effort. Thank you to **Joe Huth, Chuck Scott, Jack Meagher** and **Greg Goutos** for doing the seasonal maintenance that is necessary to keep the garden looking nice.

Also, there was an effort this year to upgrade the individual name tags on the plaque of the club members who are no longer with us. Thank you **Joe Huth** and **Jack Meagher** for leading this task, as well as leading us in our tribute to recognize the members who we lost this past year when we gathered for our annual picnic held on July 28.



Gardening from the Heart - 34 years

at the

Center for Disability Services

Volunteers include: Tom Baker, **Russ Greenman**, Greg Goutos, **Joe Huth, Jack Meagher, Bruce Wilcox**, and **Don**



Wrieden.

We have been harvesting broccoli, kale (for the dog treats), radishes, peppers, swiss chard, eggplant, celery, beans, tomatoes, herbs, rhubarb, onions, and corn. All of our student's hard work is paying off and they each get to pick and bring home a bag of veggies each week. If you have free time on Wednesday mornings – you could consider helping us out – I bet it will do as much good for you as it does for our students. – Contact anyone of our volunteers to find out more.



Gardening from the Heart - 34 years - continued

This guy was hanging out on our corn until this Cicada killer wasp took it and buried it in the soil that he removed from of our whiskey bottle barrel...



Bill Stoneman's [The Vegetable Project](#)



Digging in the dirt at Stephen and Harriet Myers Middle School and Albany High School, the Vegetable Project is a collaborative effort of parents, faculty and other staff members and community partners that supports after-school and summertime Garden Clubs, presents classroom lessons and brings families together for occasional weekend events. The Vegetable Project is a 501c3 tax-exempt nonprofit corporation.



[Here's our brochure with more.](#)



The Vegetable Project in Albany, N.Y., established in 2009, creates hands-on learning opportunities that involve science, the environment, entrepreneurship, tasting really fresh food and responsibility for care of living things by growing vegetables and other plants.

What a great evening!

The Vegetable Project's fourth annual Evening in the Garden was held on Wednesday, Sept. 18, at the Myers Middle School. In Albany, NY. [Great tasting opportunities](#) were on tap along with tours, demonstrations and [planting activities for kids](#).

We learned how the Vegetable Project makes a difference for Albany kids with great needs by creating hands-on learning opportunities, by getting kids outside and closer to nature.

The Men's Garden Club of Albany, and members, have helped support this event.

DATES TO REMEMBER

| | |
|--------------------------------------|--|
| Today! | Please visit our friends that need our visits and cards |
| September 26 th @ 6:30 pm | Monthly dinner and program Beltrone Living Center |
| October 24 th @ 6:30 pm | |
| October 1 st @ 7:30 pm | Board of Director's Meeting All members are invited |
| November 7 th @ 7:30 pm | |
| Every Wednesday : @ 9:15 am | Gardening from the Heart Center for Disability Services 700 South Pearl St. Albany |

Editor: **Russ Greenman**

Joe Herman Scholarship Fund 501(c)3

We want to thank the many folks that made tax deductible donations to the **Joe Herman Scholarship Fund**.

We continue to welcome 501(c)3 your tax deductible donations that can be dedicated to support our **Memorial Garden, Gardening From the Heart program** at the Center for Disability Services, or the **Joe Herman Scholarship Fund**.

Please support research for ALS (Amyotrophic Lateral Sclerosis - Lou Gehrig's disease) in memory of one of our most active members - **Mr. Bill Town**

Click on this link to read his story: <http://community.als.net/teamtown>

Special thanks to **Paul Zimmermann** for our terrific website

<http://www.mensgardenclubofalbany.org/>

Go ahead - click on it - you'll be glad you did.

Thanks **Paul Zimmermann!!!**



In Memory
Of My
Loving Wife, Young
Bruce Wilcox


In Memory of
Louis Meo
&
Richard Stankus


In Memory of
Al & Barbara Miller
Phil Harris
Bill Barr
Christian & Mildred Lebrecht
Ed Tompkins
Avrom Koblenz

In Memory of my parents
John and Carrie Meagher
They both loved Plants and Flowers
Jack Meagher

In Memory of
Grandpa & Great Grandpa
Carroll W. Greenman
Russ, Maria, and Carl

In Memory of
*Wally Dillenbeck*
and
*Don Otterness*
By Tom Baker

In Memory of

Bill Town
Joe Herman

In Memory of
my Dad

Carroll W. Greenman
Bob



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